

#### ESPR 2022- Marseille

# « Anomalies » of the fetal gallbladder: pre- and postnatal correlations

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## The authors declare no conflict of interest

#### The Fetal GB (fGB)

 The *fetal GB* (fGB) does not constitue a « tobe-seen » landmark during 2<sup>nd</sup>(3<sup>rd</sup>) trimester obstetrical US examinations

 Still, among others, non-visualization of the fGB raises concern especially regarding potential diagnosis of *biliary atresia*

This course is about <u>all you could want to</u> <u>know about the fGB</u>, when to expect significant (perinatal) complications and how to manage them ?

#### fGB: <u>Embryo-fetal</u> <u>development</u>



- The fGB shares a common embryological origin with the liver and ventral pancreas
- 4<sup>th</sup> week: liver buds arise from the foregut endoderm; they are precursors to the intra-hepatic bile ducts as well
- 5<sup>th</sup> week: development of the fGB and cystic duct in parallel with the extrahepatic bile ducts, common bile duct and dorsal pancreas
- 6-7<sup>th</sup> week: fusion with the ventral pancreas, the biliary ducts become permeable
- Around the 12<sup>th</sup> week, bile production begins and reaches the duodenum through the common bile duct

#### fGB: <u>US</u> anatomy

 The fGB is a tiny but easily accessible pearshaped cystic pouch, best seen during the 2<sup>nd</sup> trimester on a transverse scan of the fetal abdomen



Surg Clin N Am 2014; 94 : 203–217 Korean J Radiol 2008;9 : 54-58

#### <u>fGB size</u>: The fGB grows with advancing GA

Gestational Age (weeks)	n	Length (mm)	Height (mm)	Width (mm)	Area (mm²)	Volume (mm <sup>3</sup> )
12 - 14	4	$3.7 \pm 1.5$	$0.8~\pm0.1$	$0.9\pm0.3$	17.5 ± 9.0	1.3 ± 0.4
15 - 19	46	$11.5\pm3.7$	$\textbf{2.9}\ \pm \textbf{0.9}$	$\textbf{3.6}\pm\textbf{1.5}$	$192.5 \pm 114.0$	$\textbf{73.3} \pm \textbf{72.3}$
20 - 22	333	$15.0\pm3.4$	$3.8~\pm1.0$	$\textbf{4.2} \pm \textbf{1.1}$	$\textbf{301.4} \pm \textbf{124.7}$	$\textbf{137.3} \pm \textbf{85.9}$
23 - 24	73	$18.1\pm4.2$	$4.4\ \pm 1.1$	$\textbf{4.9} \pm \textbf{1.3}$	$\textbf{435.8} \pm \textbf{191.3}$	$\textbf{226.7} \pm \textbf{153.7}$
25 - 26	37	$18.8\pm3.6$	$4.7\ \pm 1.1$	$5.0~\pm1.1$	$456.1 \pm 159.7$	$249.4\pm131.5$
27 - 30	101	$23.1\pm 4.6$	$5.3\ \pm 1.4$	$5.6~\pm1.5$	$\textbf{672.8} \pm \textbf{252.5}$	$396.8 \pm 254.6$
31 - 34	478	$26.5 \pm 5.8$	$5.8\ \pm 1.4$	$6.3 \pm 1.7$	$878.0 \pm 346.2$	$\textbf{556.2} \pm \textbf{339.5}$
35 - 40	220	$26.5\pm 5.7$	$5.8\ \pm 1.6$	$\textbf{6.1} \pm \textbf{1.7}$	$866.1 \pm 339.5$	538.5 $\pm$ 334.5

Note.—Data are mean  $\pm$  standard deviation.

#### fGB: <u>Rate of</u> <u>visualization</u> <u>during</u> <u>obstetrical US</u>



The rate of visulization of the fGB is lower during the 3d trimester

#### Normal fGB: Shape and size

• (Too) Big/ small Septated Convoluted/ tortuous Short/ Round





Septated fGB – 26WG



#### Convoluted GB pre-/postnatally

#### Septated GB





Day 1

Day 1 after a meal



3<sup>rd</sup> trimester, unusual small round fGB (courtesy Le-Lez Soquet S)







At birth

3mo 1omo no clinical or biological anomaly → stop F-Up fGB: <u>Potential</u> <u>« anomalies »</u> <u>diagnosed by</u> <u>obstetrical US</u>

- Agenesis of the GB
- Biliary atresia
- Non visualization of the fetal GB as a clue to polymalformative syndromes or to cystic fibrosis
- Biliary « sludge »
- **GB** duplication

#### Most diagnoses can be obtained by US fetal MR imaging in few selected cases

J Clin Ultrasound 2019;1–6 J Gynecol Obstet Biol Reprod (Paris) 2014;43:581-6 Main challenge: Non visualization of the fGB (during the 2d trimester)

#### 1/875 pregnancies

Technical and anatomical causes
 « collapsed » fGB
 Abnormal content shading the fGB
 Congenital agenesis of the GB
 Cystic fibrosis
 Biliary atresia

*Isolated or part of* polymalformative *syndrome* 

J maternal fetal neonat med 2019; 32: 2643-2648 Ultrasound Obstet Gynecol. 2019;54:582-588. Non visualization of the fGB (during the 2d trimester)

#### 1) <u>Technical and</u> <u>anatomical causes</u>

Mother's morphology

• Fetal lie

*« ectopic » fGB • Persisting R umbilical vein – usually isolated*

• Deep intra-hepatic fGB



#### fGB - unusual location:



### 26 GW + 5 The fGB is located between an unusual proximal branching of the umbilical vein

Nonvisualization of the fGB (during the 2d trimester)

#### 2) <u>« Collapsed » fGB</u>: <Contractibility of the fGB during pregnancy ?

week

800

Tanaka, Y. (2000). *Is there a human fetal gallbladder contractility during pregnancy?*. *Human Reproduction, 15(6), 1400–1402.* doi:10.1093/humrep/15.6.1400



Non visualization of the fGB (during the 2d trimester)

#### 3) <u>Shaded/ obscured fGB</u>

Abnormal content may prevent visualization



Nonvisualization of the fGB (during the 2d trimester)

#### 4) Congenital agenesis of the GB

- 1/ 6000 pregnancies
- Most cases diagnosed as <u>isolated finding</u>
- Besides expert US evaluation, no additional examination required
- Postnatal confirmation by US

! Important information to transmit to practionners (lifetime), to prevent wrong diagnosis of « cholecystitis »! <u>Oxf Med Case Reports.</u> 2016 Aug; 2016(8): omw040. Published online 2016 Aug 29. doi: <u>10.1093/omcr/omw040</u>



#### Congenital agenesis of the gallbladder: a UK case report

Jenna L. Scobie<sup>\*</sup> and Simon R. Bramhall



Gallbladder agenesis: A case report and review of the literature



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## Agenesis of the gallbladder: Antenatal US



#### 2<sup>nd</sup> trimester



3<sup>rd</sup> trimester

## Agenesis of the GB: <u>Postnatal US</u>



Good visibility of the CBD, helps to exclude biliary atresia Non visualization of the fGB (during the 2d trimester)

#### 4bis) Congenital agenesis of the GB

#### Can be part of <u>polymalformative</u> <u>syndromes</u>

- Steinfeld S., Alagille S., Vacterl S...
- Cardiovascular (58%) GI (25%) GU (25%) CNS (6.5%) as associated malformations
- Chromosomal analysis warranted as well (Triploidy, XYY, T21 have been reported)

#### GB agenesis and polymalformative syndrome



28 GW – fGB never seen, polyhydramnios, left UT dilatation with obstructive dysplasia + Esophageal atresia type IV (at histology) <u>Non -</u> <u>visualization of</u> <u>the fGB (during</u> <u>the 2d trimester)</u>

#### Preliminary comments:

Common

- Mostly transient 
   → repeat obstetrical US
- Mostly benign when isolated
- Detailed US to exclude associated anomalies
- If doubt persists 

   postnatal US





Figure 1 Summary of outcome of 21 cases of prenatal non-visualization of the fetal gall bladder (PNVGB). GB, gallbladder; IVC, inferior vena cava.

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Ultrasound Obstet Gynecol 2011; 37: 673-677.



Figure 1 Neonatal outcome of 16 fetuses with diagnosis of non-visualization of fetal gallbladder (NVFGB).

Nonvisualization of fetal gallbladder in microarray era – a retrospective cohort study and review of the literature

Sagi-Dain Lena, Singer Amihood, Yarin Hadid, Sharony Reuven, Chana Vinkler, Bar-Shira Anat, Reeval Segel, Ben Shachar Shay & Maya Idit

To cite this article: Segi-Dain Lena, Singer Amihood, Yarin Hadid, Sharony Reuven, Chana Vinkler, Bar-Shira Anat, Reeval Segel, Ben Shachar Shay & Maya Idit (2018): Nonvisualization of fetal gallbladder in microarray era – a retrospective cohort study and review of the literature, The Journal of Maternal-Fetal & Neonatal Medicine, DOI: 10.1080/14767058.2018.1443070

To link to this article: https://doi.org/10.1080/14767058.2018.1443070

45 own cases Review of literature 173 cases

#### <u>Prevalence :</u>

- Cystic fibrosis: 7-9%
- Biliary atresia: 7%

#### Outcome of non-visualization of fetal gallbladder on second-trimester ultrasound: cohort study and systematic review of literature

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#### 16 own cases

Review of the literature 280 cases <u>Prevalence :</u>

- CF : 3.1%
- BA: 4.8%

Non visualization of the fGB (during the 2d trimester)

#### 5) <u>Cystic fibrosis</u>

- Could NVfGB be a clue to the diagnosis of CF?
- High level of suspicion if associated with echogenic bowel loops and/or intestinal dilatation 
   genetic investigations of the parents and fetus
- If isolated, genetic evaluation controversial.....but understandable ? Of the parents only?

Fetal Diagn Ther 2019; 45: 312-316





2d trimester Dilatation of bowel loops , hyperechoic wall, fGB non visualized.

Suspicion of CF confirmed by genetic analysis of the parents and fetus :

Maternal mutation p.Gln1411\* Paternal mutation DF 508

Courtesy of O Prodhomme MD, Montpellier



#### 2d trimester

Bowel loops dilatation at 22 WG 4d (10-12 mm). Increasing dilatation at follow-up - fGB never visualized

fMR imaging at 26w : volvulus, fGB not seen

CF confirmed: Maternal mutation Delta F 508 + paternal mutation 711+1GT

Courtesy of O Prodhomme MD, Montpellier

Non visualization of the fGB (during the 2d trimester)

#### 6) Biliary atresia:

#### Is this diagnosis achievable in utero???

Pediatr Radiol. 2021; 51:314-331 Ultraschall Med. 2022 Mar 8

#### <u>Biliary atresia</u> (BA)

- Newborn (evolving) liver disease starting in utero
- Idiopathic progressive inflammatory and fibrosclerosing obliteration of large bile ducts
- Leading cause of liver-related death in children
- Incidence ranges from 1:5000 births in Taiwan to 1:20000 births in Europe

#### Several clinical phenotypes

- Isolated BA (90%) -> rarely diagnosed in utero
- Syndromic BA 
   → amenable to antenatal diagnosis
- « cystic -type BA » -> amenable to antenal diagnosis

Early diagnosis and early Kasai improve prognosis

J. Clin. Med. 2022, 11, 999.

Biliary atresia: <u>Prenatal US</u> <u>findings?</u>

- Non visualization of the fGB weak sign
  - Small fGB weak sign
  - Large irregular fGB relatively good sign
- Hilar micro- or macrocyst(s) good sign
- Non visualization fGB + hilar cyst highly suspicious
- Non visualization + hilar cyst + associated malformations (heterotaxy, polysplenia++) – highly suspicious syndromic BA

#### Prenatal US: Hilar cyst + large irregular fGB





#### Postnatal US: same findings + Triangular cord sign → Confirmation BA

#### Cases detectable in utero?

Fig. 1 Different types of biliary atresia — in grey the obstructed bile and choledochus with atretic main common bile duct, d-g Cystic forms

Fig. 1 Different types of biliary atresia — in grey the obstructed ble ducts or gallbladder, in green the patent parts. a Complete atresia of the extrahepatic bile duct and the gallbladder. This is the most frequent type, accounting for about 2/3 of patients. b Patent gallbladder with atretic cystic duct and extrahepatic bile duct. c Patent gallbladder, cystic duct and choledochus with atretic main common bile duct. **d**–**g** Cystic forms with macrocyst at the liver hilum and variable atresia of the galibladder and the extrahepatic bile ducts. Note that intrahepatic bile ducts are always pathelogical; hence, they do not display dilation. With permission from Pariente et al. [6]
## Hilar cyst « discovered » at 32 WG (Courtesy Marie Cassart (B))





# Fetal MR imaging







Hepatic hilar cyst: Differential diagnoses ?

- Choledochal cyst
- Cystic biliary atresia
- Duodenal duplication
- Mesenteric cyst
- Liver (biliary cyst)
- Ovarian cyst
- .....



### 33 weeks gestation – Biliary tract anomaly?







### Double bubble sign -> Duodenal atresia!







# Main DDx: Biliary atresia (BA) vs Choledochal cyst (CC)



ucted bile and choledochus with atretic main common bile duct. d-g Cystic forms with macrocyst at the liver hilum and variable atresia of the gallbladder and the extrahepatic bile ducts. Note that intrahepatic bile ducts are always pathological; hence, they do not display dilation. With permission from Pariente et al. [6]



 Type I
 Type II
 Type II

 Image: State of the state of t

Hilar cyst « discovered » at 25 WG



#### US GW 25+3 Increasing cyst + dilatation of left IH bilary ducts suggesting choledochal cyst





# Fetal MR imaging in favour of CC



## US at day 1: cystic dilatation of the common bile duct + left IHBD





#### Neonatal MR cholangiography



Confirming the diagnosis of choledochal cyst -> surgery

DDx in utero: Biliary atresia (BA) vs Choledochal cyst  The best differential feature would be the demonstration of intrahepatic bile ducts dilatation, connected with the hilar cyst favouring CC

 Large GB with irregular walls (with or without hilar cyst) would favour BA

Polymalformative syndrome would favour
 BA

Ultrasonography 2022;41:140-149 Ultrasonography 2021;40:301-311 Syndromic biliary atresia

## Syndromic (fetal or embryonic) form of BA includes various congenital anomalies:

 polysplenia, asplenia, cardiac defects, situs inversus, preduodenal portal vein, absence of retro-hepatic inferior vena cava, intestinal malrotation, annular pancreas, Kartagener's syndrome, duodenal atresia, esophageal atresia, polycystic kidney, cleft palate and jejunal atresia.

## Represents 11 to 15% of cases of biliary atresia

J Neonat surg 2014; 3(1): 9

#### Fetal MR imaging at 26WG – US had shown intestinal obstruction





Volvulus

#### liver and heart to the left

Polysplenia

Birth at 26weeks 2days Volvulus confirmed → surgical cure



Post operative follow-up, first ok. Thereafter the patient developed progressive jaundice

#### Abdominal ultrasound at day 21: polysplenia, triangular cord sign, Pre-duodenal portal vein -> syndromic BA









27 WG 4d Refered after a diagnosis of Tetralogy of Fallot

Confirmation of the cardiopathy fGB not visualized Club feet (Courtesy of P Bach (F))





#### 31 WG 4d fGB not visualized Hilar microcyst Club feet Growth 3<sup>d</sup> percentile





#### Fallot and biliary atresia confirmed at histology

# <u>Biliary atresia</u> (BA)

#### Prenatal US may suspect BA

- Fetal MRI can provide additional information in case of US suspicion of biliary atresia (cystic type, syndromic type..., DDx)
- Any prenatal suspicion should lead to early postnatal biological, clinical and scintigraphic work up

#### Early postnatal US ++, looking for:

- GB anomalies
- Hyperechoic cord sign
- Hepatic artery
- Associated malformations
- Dx -> Earlier Kasai procedure, better prognosis

<u>To summarize</u>: Non visualization of the fGB (during the 2<sup>nd</sup> trimester)

- **1**. Technical and anatomical causes
- 2. « Collapsed » fGB
- 3. Abnormal content shading the fGB
- 4. Congenital agenesis of the GB
- 5. Cystic fibrosis
- 6. Biliary atresia

! In the majority of cases, transient finding, a fGB will be demonstrated subsequently in the majority of cases! Non visualization of the fGB during the 2<sup>nd</sup>/3<sup>rd</sup> trimester → postnatal US!





#### 3<sup>rd</sup> trimester

Day 1

fGB What else? Abnormal GB content  Echogenic material as diffuse homogeneous or inhomogeneous dense material in the fGB during the 3d trimester

- o.5% pregnancies
- Origin? (maternal diabetes, twins, immaturity,...?)
- Spontaneous resolution in most cases
- Pre-lithiasis condition in some patients?
- Postnatal US to reassure

J Matern Fetal Neonatal Med. 2020; 33:1162-1170





37 WG

32 WG



#### 37 WG: fGB « lithiasis »?



35 WG – refered for non visualization of the fGB

### fGB sludge: pre- and postnatal correlation (Courtesy M Cassart (B))











#### 37 WG: fGB « lithiasis »

Persisting at day 30..., asymptomatic

# Abnormal GB content : Postnatal f-up?



## What else ? <u>GB</u> <u>DUPLICATION</u>

1/4000 life births
Two fGB parallel each to another
Rare complications
US follow-up

Arch Gynecol obstet 2020; 302; 377-382



### **GB** duplication

#### Courtesy G Levy (F)



### Pre- and postnatal F-up

# fGB and MR imaging ?

Normal MR imaging findings
 The classical: GB content → hyperintense on T<sub>2</sub> ws , hypointense on T<sub>1</sub> ws



T<sub>2</sub>WS





# <u>fGB and MR</u> <u>imaging</u>

Normal MR imaging findings
 Can be hypersignal on T1 WS during the 3d trimester, origin unknown (< sludge?)</li>

### fGB not visualized on US (courtesy M Cassart (B))



<u>fGB anomalies</u>: What indications for fetal MR imaging? Non visualization of the fetal GB (?): controversial
DDx of hepatic hilar cystic masses ++

Polymalformative syndromes ++

fGB: <u>Pre- and</u> <u>postnatal</u> <u>correlations</u>

- A meticulous postnatal hepato-biliary US should always be performed after birth in any prenatal suspicion of GB (or biliary tract) anomaly (US preand post meal if necessary).
- Follow-up by US in unresolved case
- In few specific cases, postnatal MR imaging may provide additional information (i.e differentiating biliary atresia from a choledochal cyst )
- Findings to be correlated with clinical and biological data

### Aknowledgment

This course has been made possible thanks to the helpful contributions of members of the GRRIF (Groupe de Recherche en Radiopédiatrie et Imagerie Fœtale)